

## An Economic Assessment of the FDA Proposal Rule: "Medication Guides: Patient Medication Information"

Nam D. Pham, Ph.D. Mary Donovan

November 2, 2023



## An Economic Assessment of the FDA Proposal Rules: "Medical Guides: Patient Medication Information"

November 2, 2023

Nam D. Pham, Ph.D. and Mary Donovan<sup>1</sup>

#### I. SUMMARY

The Food and Drug Administration (FDA) is proposing to require drug manufacturers to create a new type of Medication Guides, referred to as Patient Medication Information (PMI), for prescription drug, biological, and blood transfusion products. PMI will be a one-page standardized document based on and consistent with FDA prescription information and the labeling requirements. FDA will review and upload approved PMI in its publicly available database online. Authorized dispensers, including pharmacies and transfusion service providers, will be required to download up-to-date PMI from FDA to local computers on a regular basis and must provide PMI to every patient (or the patient's agent) in each dispense. Authorized dispensers may provide PMI to the patient electronically but paper distribution must always be available.

- FDA will require authorized dispensers to distribute over 4.3 billion PMI per year but does not <u>quantify</u> any significant health benefits <u>of its proposed format versus current CMI</u>. FDA estimates dispensers will be required to provide PMI to patients for 4.3 billion prescription drugs and 3 million transfusions annually. Although discussing in length of the economic and health impacts of medication adherence on patients and the U.S. healthcare system, FDA does not provide evidence to support its claim that the format of PMI will have positive health impact on patients. In fact, FDA only expects PMI to save patients an average of 2.5 minutes each time they search for information about prescribed products. Using a national wage rate, FDA estimates the proposed rule will create up to \$188.0 million per year for patients in time-savings.
- FDA cost-benefit analysis does not consider the economic burden to 93,697 authorized dispensers to print PMI each time a prescription is dispensed. The regulation would increase dispenser workloads by 71.7 million hours, the equivalent of 35,858 full-time pharmacy technicians, and \$1.6 billion a year (\$1.4 billion for labor and \$215.2 million for supplies) to print PMI over 4.3 billion times. The average annual burden on an authorized dispenser is \$17,107 for 0.4 full-timeequivalence pharmacy technician to print PMI for 45,925 prescriptions.
- The proposal rule will create economic burdens disproportionately on authorized dispensers. Smaller independent pharmacies, which account for 34% of total pharmacies in the United States,

<sup>&</sup>lt;sup>1</sup> Nam D. Pham, Ph.D., is managing partner and Mary Donovan is principal at ndp | analytics. Stephanie Barello and Ilma Fadhil provided research assistance. The Pharmaceutical Printed Literature Association provided financial support to conduct this study. The opinions and views expressed in this report are solely those of the authors.



will face severe economic hardship. For a typical independent pharmacy, the printing costs alone required under the FDA rule account for 0.4% total revenue and 7.9% of owner discretionary profits.

 FDA has not considered the negative health impacts of the PMI requirement due to the lack of Internet, power outages, and printing issues <u>at dispensers</u>. Since authorized dispensers will not be allowed to dispense prescriptions without PMI, patients will suffer. The Federal Communications Commission estimates 4.4% of the U.S. population remained digitally disconnected in 2019. The U.S. Energy Information Administration reports that electricity customers, on average, experienced between seven and eight hours of electric power interruptions in 2020 and 2021 due to weather and failures of power lines and utility practices. Furthermore, authorized dispensers will be responsible for incomplete, inaccurate, and delayed information of PMI at the printing time.

In sum, FDA cost-benefit analysis shows the economic benefit of the proposed rule is immaterial and the positive health benefit is unknown. However, the unintended negative health benefit is significant. The proposed rule will create an economic hardship for smaller dispensers, heighten workload for pharmacy technicians, and add liability to authorized dispensers which in turn have negative health impact on patients, especially those live in rural areas.

#### II. BACKGROUND OF THE PROPOSED RULE FOR PATIENT MEDICATION INFORMATION

In May 2023, the Food and Drug Administration (FDA) issued a proposed rule amending current prescription drug information requirements to include a new type of document: Patient Medication Information (PMI).<sup>2</sup> The proposed rule was developed after FDA determined that the current prescription drug information documents, including those are required and approved by FDA, do not provide patients with clear, concise, accessible, and sufficiently useful information delivered in a consistent and easily understood format to help patients use drug products safety and effectively.

Currently, patients may receive one or more of the following types of written information when they receive prescription medication in an outpatient setting: (1) Patient Package Inserts, (2) Medication Guides, (3) Consumer Medication Information, and (4) Instructions for Use documents.

Patient Package Inserts (PMI) and Medication Guides are developed by drug applicants and approved by FDA; they are required to be distributed to patients for certain types of prescriptions. Instructions for Use are developed by drug applicants and approved by FDA for medications with complicated or detailed instructions; it is not required to distribute to patients. Consumer Medication Information (CMI) is different. It is developed by organizations or companies in the private sector other than drug applicants. FDA reviews CMI and provides guidance and recommendations, but FDA does not provide approval nor requires. Pharmacies voluntarily purchase and distribute CMI to patients. (Figure 1)

<sup>&</sup>lt;sup>2</sup> Federal Register. Food and Drug Administration. Medication Guides: Patient Medication Information. May 2023



#### Figure 1. **Current Types of Medication Information** Patient Package Inserts **Consumer Medication Medication Guides** Instructions for Use (PPI) Information (CMI) FDA-approved PPI is • FDA-approved Medical FDA-reviewed CMI is FDA-approved developed by drug Guides are developed developed by an entity Instructions for Use are applicants and required by drug applicants and other than drug developed by drug required for certain applicants. FDA for oral contraceptives applicants for certain and estrogen-containing prescription drug provides guidance on medications with CMI but does not products. products. complicated or detailed • FDA determines when approve the content. patient-use instructions. • FDA-approved PPI is voluntarily for other Pharmacies purchase The document is and what prescription medications but it is not drugs need Medication and distribute CMI to generally provided when the drug is dispensed to required to be distributed Guides. patients voluntarily. to patients. the patient.

The FDA proposal rule seeks to amend current prescription drug product labeling regulations for Medication Guides to improve public health. The rule would require applicants to create a new type of Medication Guides, referred to as Patient Medication Information (PMI), for prescription drug products, including biological products, used, dispensed, or administered on an outpatient basis. PMI would also be used for blood and blood components transfused in an outpatient setting. Applicants would be required to create a one-page standardized document consistent with FDA Prescribing Information (PI) and the labeling requirements, written in an easily understood language, and provided in identical electronic and paper formats. Importantly, FDA emphasizes that PMI will not have adequate directions for use and will not contain essential information (PI) and counseling by healthcare providers, rather it will serve as a supplement document for outpatient patients. Detailed instructions for use will continue to be approved by FDA and provided in other labeling materials.

In its proposed rule, FDA specifies the design and system for PMI. The agency produced four prototypes for a fictitious drug that used different labeling formats informed by FDA public workshops and consumer-focused research over the past decades. The proposed design, including specific headings, subheadings, fonts, and information for applicants. Like most other types of drug product information, PMI must be submitted to FDA for approval. PMI will be stored, managed, and maintained in an FDA database. FDA will upload PMI to its online central repository and will make it to be available to the public including dispensers, healthcare providers, and patients. Dispensers will download PMI from the FDA central repository to local computers to distribute to patients along with drug products. Dispensers will be responsible for downloading and distributing updated PMI. PMI for prescription drug products would be stored electronically in the FDA labeling repository at https:// labels.fda.gov that currently holds Prescribing Information (PI), FDA-approved patient labeling, and carton and container labeling submitted to us under current requirements, such as labeling, listing information, and annual reports. (Figure 2)



#### Figure 2. Proposed Patient Medication Information

#### Proposed Patient Medication Information (PMI)

- FDA-approved PMI to be developed by drug applicants and required for prescription drug products dispensed and blood and blood components transfused in an outpatient setting.
- PMI will not be a substitute for Prescribing Information (PI) and counseling by healthcare providers, rather it will serve as a supplement document for outpatient patients.

#### **PMI Design**

- A one-page standardized electronic and paper document that meets FDA requirements.
- Printed in black ink on an 8.5 by 11-inch sheet of white paper.
  Written in easily understood
- language.
- Bold type and specific fonts for headings, subheadings, drug names and phonetic spellings, and dosage. Uppercase letters for the title and proprietary name.
- No use of color or page numbers.

#### **PMI System**

- FDA will upload and store PMI to its online central repository and will make it to be available to the public including dispensers, healthcare providers, and patients.
- Dispensers will download PMI from the FDA central repository to local computers to distribute to patients along with drug products.
- Dispensers will be responsible for downloading and distributing updated PMI monthly.

#### III. ASSESSMENT OF THE FDA COST-BENEFIT ANALYSIS

We reviewed the FDA regulatory impact analysis and its supporting documents as well as existing research and statistics from governmental agencies and peer-reviewed journals to evaluate the assumptions and expected economic and health impacts of the FDA proposed rule. Our comments focus on the FDA benefit analysis to patients and the FDA cost analysis to authorized dispensers.

#### The Objective of the FDA Proposed Rule is Unsubstantiated

FDA fails to provide evidence to support the need for a new regulation that FDA has been proposing since the 1970s in different versions.<sup>3</sup> The stated objective of the proposed rule is to ensure patients are provided information to use their prescription drugs safety and effectively. In its proposed rule, FDA provides a comprehensive literature review of health and economic impacts of medication adherence. Studies have shown medication adherence has a tremendous impact on quality and length of life, health outcomes, and a significant cost burden on the U.S. healthcare system. For example, a systematic review and meta-analysis found that nonadherence to chronic medication regimens is common and is a potential contributing factor to the occurrence of concomitant diseases.<sup>4</sup> Nonadherence can account for up to 50% of treatment failures,

<sup>&</sup>lt;sup>3</sup> Federal Register. Food and Drug Administration. Medication Guides: Patient Medication Information. May 2023.

<sup>&</sup>lt;sup>4</sup> Abegaz, T.M., A. Shehab, E.A. Gebreyohannes, et al., "Nonadherence to Antihypertensive Drugs: A Systematic Review and Meta-analysis," *Medicine.* 



around 125,000 deaths, and up to 25% of hospitalizations each year in the United States.<sup>5</sup> Annual costs of medication non-adherence are estimated ranging between \$100 and \$290 billion in the United States.<sup>6</sup>

However, FDA does not provide evidence to support its assertion that PMI will improve public health. In fact, the only benefit to patients demonstrated by FDA is time saved searching for drug information (2.5 minutes). The economic benefits of PMI, the new Medication Guides, are immaterial and overstated. FDA states that the primary benefit of PMI is decreased search time for patients who read prescription drug instructions. FDA estimates PMI will save patients approximately 2.5 minutes when searching for information about prescribed drug, blood, and blood component products. Then, FDA applies an average after-tax hourly wage rate to estimate PMI will save patients an average of \$1.55 each time they search for drug information. Acknowledging that not all patients will read PMI, FDA calculated the present discounted value and annualized value of the search time saving over ten years to be between \$180.5 million and 188.0 million a year.<sup>7</sup> Since the FDA cost benefit analysis monetizes the time lost to search for information, FDA overstated the economic benefits by assuming patients would forgo their working time to search for information or that they work at all. Adults at retirement age (65 or order) take more medication than those under age 65. According to a Kaiser Family Foundation, 89% of adults ages 65 and older report taking prescription medicine and 54% take four or more prescription drugs. In contrast, for adults under 65, the share with prescription drugs ranged from 38% (ages 18 to 29) to 75% (ages 50 to 64), and the share of adults taking four or more prescription drugs ranges from 7% (ages 18 to 29) to 32% (ages 50 to 64).8

The health benefits of PMI are not specified nor quantified by FDA. FDA fails to provide statistical evidence to demonstrate the proposed PMI format would provide an increase in cognitive accessibility of the PMI information or health benefits to patients. FDA states that the public *may* benefit from a reduction in risk associated with drug products due to the availability of PMI, *if* the new labeling helps patients make better healthcare decisions. FDA discusses these are unrelated to the health costs of patients who do not adhere to prescription drug therapy and do not use their prescribed drugs as directed by their healthcare providers.

The proposed rule estimates the consumer benefit of reducing search costs. This benefit runs contrary to FDA efforts encouraging consumers to spend *more time* reviewing drug products and use information to reduce and prevent medication errors.<sup>9</sup> Moreover, patient information materials are not significant contributors to medication errors. In 2019, FDA received and reviewed more than 100,000 reports of suspected medication errors. The review found that prescription drug information such as PPI, Medical Guides, CMI, and Instructional Use was not among the top causes to harm consumers.<sup>10</sup> In an earlier study, printed reference materials contributed to less than 1% of medical errors by cause. In fact, the FDA reported that 42.5% of medication errors are caused by human factors, leading by performance deficit (13.2%) and

<sup>&</sup>lt;sup>5</sup> Kim, J., K. Combs, J. Downs, et al., "Medication Adherence: The Elephant in the Room," U.S. Pharmacist.

<sup>&</sup>lt;sup>6</sup> Cutler, R.L., F. Fernandez-Llimos, M. Frommer, et al., "Economic Impact of Medication Non-adherence by Disease Groups: A Systematic Review," *BMJ*.

<sup>&</sup>lt;sup>7</sup> Federal Register. Food and Drug Administration. Medication Guides: Patient Medication Information. May 2023.

<sup>&</sup>lt;sup>8</sup> Kirziner, Ashle, Tricia Neuman, Juliette Cubanski, and Mollyann Brodie. 2019. "Data Note: Prescription Drugs and Older Adults." Kaiser Family Foundation.

<sup>&</sup>lt;sup>9</sup> U.S. Food & Drug Administration. Working to Reduce Medication Errors. Content Current as of 8/23/2019. Web accessed on October 9, 2023.

<sup>&</sup>lt;sup>10</sup> U.S. Food & Drug Administration. Working to Reduce Medication Errors. Content Current as of 8/23/2019. Web accessed on October 9, 2023.



knowledge deficit (12.3%). Therefore, the proposed regulation to require PMI for all prescription drugs would have virtually no impact on reducing medication errors. (Table 1)

	% of Total
Human Factors	42.5%
Performance deficit	13.2%
Knowledge deficit	12.3%
Fatigue	0.3%
Computer error	0.3%
Labeling	19.9%
Immediate container labels of product manufacturer	9.4%
Labels of dispensed product	4.4%
Carton labeling of product	4.4%
Printed reference materials	0.9%
Electronic reference materials	0.6%
Package insert	0.3%
Communications	18.8%
Name Confusion	12.9%
Packaging/Design	5.9%

### Table 1. Medication Errors by Cause<sup>11</sup>

#### **Understated Regulatory Costs to Dispensers and Transfusion Services Providers**

FDA understates the regulatory and cost burdens to dispensers. The proposed regulation requires all dispensers to provide patients with a one-page Patient Medical Information (PMI) document in electronic or printed paper, paper distribution must always be available. FDA estimates 93,697 dispensers (88,736 pharmacies and 4,961 transfusion services) will be affected by the proposed rule.<sup>12</sup> The FDA acknowledges dispensers will have two associated costs to comply with the proposed rule: (1) to download updated PMI monthly and (2) to distribute PMI to patients. The FDA calculates a one-time cost for dispensers to set up their computer system and monthly costs to download updated PMI. However, the FDA does not estimate the regulatory burden to pharmacies and transfusion services providers to distribute PMI to patients. Under the current law, dispensers are not required to provide CMI to patients. Since the proposed rule requires dispensers to provide PMI for each prescription fill, the proposed rule has both monetary and legal implications for dispensers.

We use FDA estimates and official statistics to calculate the direct costs for dispensers and transfusion services providers to print PMI for patients to fulfil the regulatory requirement. The FDA estimates there are

<sup>&</sup>lt;sup>11</sup> Thomas, Maria R., Carol Holquist, and Jerry Phillips. 2001. "Med error reports to FDA show a mixed bag." FDA Safety Page, Drug Topics.

<sup>&</sup>lt;sup>12</sup> Medication Guides: Patient Medication Information.



more than 4.3 billion prescriptions and 3 million transfusions a year. The FDA also estimates it would take dispensers about one minute to provide PMI to patients. Using the FDA estimates, we calculate it would require nearly 71.8 million hours to print PMI 4.3 billion times per year for patients (4.3 billion PMI / one minute per PMI) which is the equivalent of 35,858 full-time pharmacy technicians (71.8 million hours / 2,000 working hours a year). In 2022, pharmacy technicians earned \$19.35 per hour, on average, according to the Bureau of Labor Statistics (BLS). Applying the BLS figure, we calculate the annual labor costs for dispensers to print PMI for patients to be nearly \$1.4 billion (71.8 million hours x \$19.35 an hour). To estimate the cost of supplies, we use an average of \$0.05 per page to estimate dispensers would have to pay \$215.2 million for paper and black ink toners to print PMI 4.3 billion times per year. Total annual labor and supplies costs are more than \$1.6 billion for dispensers to distribute PMI to patients. (Table 2)

The FDA estimates 93,697 pharmacies and transfusion service providers would be affected by the proposed rule. The most common outpatient settings are retail pharmacies and hospital ambulatory care pharmacies, where patients pick up prescriptions to take at home. Outpatient settings also include places where prescription drugs are dispensed at healthcare provider facilities, including clinics, offices, dialysis centers, and blood infusion centers. On average, each dispenser would distribute PMI 45,925 times (4.3 billion dispenses / 93,697 entities) and would require 765 hours (71.8 million hours / 93,697 entities) to print PMI, the equivalent of 0.4 of one full-time pharmacy technician. The annual costs are \$17,107 per dispenser (\$1.6 billion total costs / 93,697 entities) to print and to distribute PMI to patients. (Table 2)

	Annual Cost Per Dispenser	All 93,697 Dispensers
Number of PMI	45,925	4,303,000,000
Number of required hours to print (one minute per PMI)	765	71,716,667
As full-time equivalent number of pharmacy technicians	0.4	35,858
Labor cost for printing	\$14,811	\$1,387,715,500
Paper and black-and-white ink	\$2,296	\$215,150,000
Printing Cost	\$17,106	\$1,602,867,500

# Table 2. Annual Printing Costs for Pharmacies and Transfusion Services<sup>13</sup>

In its proposed rule, FDA states that the cost of PMI would not result in an annual expenditure of \$100 million or more, the threshold for the Federal Unfunded Mandates Reform Act of 1995. However, FDA underestimates the printing costs to distribute required PMI to patients. After including the printing costs of authorized dispensers, the annual cost of the FDA proposal rule will far exceed the \$100 million threshold (and \$177 million threshold adjusted for inflation) of the Federal Unfunded Mandates Reform and would require FDA to prepare a written statement before proposing the rule.

<sup>&</sup>lt;sup>13</sup> Authors estimate.



#### IV. ASSESSMENTS OF UNINTENDED CONSEQUENCES OF THE PROPOSED RULE

The FDA cost benefit analysis left out the crucial health effects (both positive and negative) and other unintended negative effects to Americans across the country. None of these areas has received adequate consideration in the FDA analysis of the regulatory impacts of the proposed rule. FDA overlooks the unintended economic hardship to small businesses, which will spillover to patients, especially in the rural communities where pharmacists are already overworked to provide their multiple services. The proposed rule will have legal implications for all dispensers in the event of printing malfunctions, power failure, Internet disruptions, and not-up-to-date PMI information. All of the economic hardship to dispensers and unforeseen disruptions will negatively impact patient health.

#### Economic Hardship for Smaller Authorized Dispensers

The negative economic impacts of the proposed regulation affect dispensers disproportionally. The regulatory costs have negative impacts on the smaller independent pharmacies and the industry workforce. The PMI printing costs to be complied with the proposed regulation will create a significant economic hardship for smaller independent pharmacies who already have a thin operating margin. In 2021, 42% of pharmacies and drug stores were small businesses with less than 9 employees.<sup>14</sup> (Appendix A.1. for state data)

In 2021, a typical independent pharmacy generated \$4.0 million in revenue. With 76.7% of cost of goods sold, gross profit of an independent pharmacy was \$939,223 (23.3% of revenues). Operating expenses of independent pharmacies accounted for nearly 18% of revenues and \$721,549.<sup>15</sup> Owner discretionary profit, which includes owner's compensation, was \$217,674 in 2021. In Table 2 above, we estimate the regulatory cost burden to be \$17,110, the equivalent of 0.4% of revenues (\$17,110 / \$4.0 million) and 7.9% of owner discretionary profit (\$17,111 / \$217,674) in 2021. (Table 3)

#### Table 3.

#### Income Statement of a Typical Independent Pharmacy<sup>16</sup>

	2021	As % of Revenue
Annual revenues	\$4,031,000	100.0%
Cost of goods sold	\$3,091,777	76.7%
Gross profit	\$939,223	23.3%
Operating expenses	\$721,549	17.9%
Owner discretionary profit	\$217,674	4.1%

Data has shown that the financial performance of independent pharmacies has been declining over the years and has affected rural communities negatively. In 2022, independent and individually owned pharmacies in

<sup>&</sup>lt;sup>14</sup> U.S. Census Bureau, County Business Patterns. 2021.

<sup>&</sup>lt;sup>15</sup> Operating expenses ratio in 2021 is not available. We use operating expense ratio in 2019. 2020 NCPA Digest, National Community Pharmacists Association; Elements, PBAHealth.

<sup>&</sup>lt;sup>16</sup> 2022 NCPA Digest, National Community Pharmacists Association.



the United States accounted for 18,752 of 55,921 total pharmacies (33.5%). The role of independent pharmacies is highly essential in states and rural areas where independent pharmacies account for a large share of total pharmacies. For example, independent pharmacies account for 73% of total pharmacies in North Dakota, 50% in New York, and 53% in Arkansas.<sup>17</sup> With additional financial burdens and restrictive regulations, independent pharmacies will face more difficulties to survive. The negative economic impacts of the proposed regulation on rural independent pharmacies would spillover to patients in those communities.

#### **Shortage of Pharmacy Technicians**

The proposed rule will add workload to the pharmacy staff who has already overloaded since the COVID-19 outbreak. According to the BLS, there were 453,630 pharmacy technicians employed during May 2022. The proposed rule requires 35,883 full-time equivalent pharmacy technicians to print PMI for patients. This is equivalent to 7.9% of the employed pharmacy technicians across the country. The BLS projects that pharmacy technicians will increase by 6%, faster than average, adding 25,900 jobs during 2022-32. Since the BLS employment projections are less than the required pharmacy technicians to print PMI, the proposed rule will certainly create the shortage as well as stress for pharmacy technicians which, in turn, will reduce the quality of service for patients as a whole.<sup>18</sup>

While overall there is a high rate of accuracy in medication dispensing (97.3%)<sup>19</sup>, mistakes made by pharmacists are contributing factors to medication errors and are found in different forms. FDA's own research found that the top cause of medication errors were human factors. (Table 1) Research findings over the past several decades consistently showed that the leading cause of medication errors made by pharmacists is their workload. For example, the Massachusetts Board of Registration in Pharmacy conducted a study to determine the impact of various factors on the incidence of medication errors made by practicing pharmacists in the 1990s. The study found that three leading causes to medication errors were too many telephone calls (62%), overload/unusual busy day (59%), and too many customers (53%).<sup>20</sup> Similarly, a study that combined survey data from community pharmacies in 18 metropolitans in the mid-2000s also found a strong positive relationship between the risk of dispensing and pharmacy workload.<sup>21</sup> Another national observational study of prescription dispensing accuracy and safety in 50 pharmacies across the U.S. found that errors in *the computer order entry process* used to create the label occur most frequently.<sup>22</sup>

As shown above, the proposed rule would not reduce medication errors. On the contrary, it requires dispensers to distribute PMI to patients which heightens pharmacy workloads. Many independent pharmacies in rural communities have only one pharmacist who performs multiple tasks with long hours throughout the year.<sup>23</sup> As a result, the proposed system will unintentionally create more medication errors which in turn will have negative health impact on patients.

<sup>&</sup>lt;sup>17</sup> 2022 NCPA Digest, National Community Pharmacists Association.

<sup>&</sup>lt;sup>18</sup> Occupational Outlook Handbook, Bureau of Labor Statistics.

<sup>&</sup>lt;sup>19</sup> Flynn Elizabeth Ann, Kenneth N. Barker, and Brian J. Carnahan. 2003. "National Observational Study of Prescription Dispensing Accuracy and Safety in 50 Pharmacies." Journal of the American Pharmaceutical Association.

<sup>&</sup>lt;sup>20</sup> Couris, R. Rebecca, 1999. "Medication Error Study." Massachusetts Board of Registration in Pharmacy.

<sup>&</sup>lt;sup>21</sup> Malone, Daniel C., et al. 2007. "Pharmacist Workload and Pharmacy Characteristics Associated with the Dispensing of Potentially Clinically Important Drug-Drug Interactions." Medical Care, Vol. 45, No. 5.

<sup>&</sup>lt;sup>22</sup> Flynn Élizabeth Ánn, Kenneth N. Barker, and Brian J. Carnahan. 2003. "National Observational Study of Prescription Dispensing Accuracy and Safety in 50 Pharmacies." Journal of the American Pharmaceutical Association.

<sup>&</sup>lt;sup>23</sup> Stratton, Timothy P. 2001. "The Economic Realities of Rural Pharmacy Practice." The Journal of Rural Health.



#### **Increased Liabilities for Dispensers**

The proposed rule *requires* dispensers to provide PMI to patients each time a prescription drugs is dispensed for patients. Unlike CMI which is distributed on a voluntarily basis, pharmacies and transfusion service providers cannot dispense prescription drugs without PMI. In the event of power failure, Internet disruptions, and printing errors, dispensers are liable for incomplete, inaccurate, and not up-to-date information.

The FDA proposed rule implicitly assumes that all dispensers, including independent pharmacies, have reliable Internet access to download PMI from the FDA database on a regular basis. Although the share of Americans without internet access has declined significantly over the past decade, the FCC estimates that 14.5 million people—4.4% of the U.S. population—remained digitally disconnected in 2019. The vast majority of those people resided in rural areas, where more than 11.2 million people, or 17% of the rural population, lacked internet access. (Table A.3 in the Appendix provides population without Internet access in all areas and rural areas by state).<sup>24</sup> Furthermore, IT disruptions at the FDA as well as third-party Internet service providers have not been considered. According to two surveys in June 2014 conducted by Symantec, 70% of government agencies experienced downtime of 30 minutes or more in a month. The surveys found that network or server outage and Internet connectivity loss are the top two causes of downtime, 42% and 29%, respectively. Nine out of ten government field workers, who participated in the surveys, said their agency's most recent downtime affected their ability to do their job.<sup>25</sup>

Dispensers might not have power to access to FDA database to download up-to-date PMI or to print or email PMI to patients when prescription drugs are dispensed. On average, U.S. electricity customers experienced between seven and eight hours of electric power interruptions in 2020 and 2021 due to weather and failures of power lines and utility practices. When major natural disasters such as snowstorms, hurricanes, and wildfires are excluded, the average duration of interruptions annually remained consistently at around two hours per year.<sup>26</sup> The annual number of weather-related power outages in the U.S. continues rising. During 2000-21, there were 1,542 major outages related to severe weather conditions. Texas, Michigan, California, North Carolina, and Pennsylvania experienced the greatest number of weather-related outages.<sup>27</sup>

In the emergency cases that cause limited access to electricity, Internet connectivity problems, and printing disruption at an authorized dispenser, the proposed rule will cause harm to patients. Since PMI is required for each prescription fill, pharmacies will not be allowed to provide prescriptions if they cannot print PMI for patients. Pharmacies would have to refer patients to another pharmacy to fill the prescription. In addition to the inconvenience, it is sometimes implausible for patients in rural communities to go to another pharmacy, especially in states such as Maine and Vermont where more than 60% of the population live in rural areas. Data shows residents in certain rural communities had to travel an average 20 miles and up to 81 miles (27 minutes and 88 minutes) to find another pharmacy.<sup>28</sup>

<sup>&</sup>lt;sup>24</sup> FCC. 2021. "Fourteenth Broadband Deployment Report." Before the Federal Communications Commission.

<sup>&</sup>lt;sup>25</sup> Hunter, Lindsey. 2014. "The Drive to Thrive: Ensuring the Agile Data Center." Meritalk, Underwritten by Symantec.

<sup>&</sup>lt;sup>26</sup> U.S. Energy Information Administration. Today in Energy, November 14, 2022.

<sup>&</sup>lt;sup>27</sup> Climate Central. Surging Weather-Related Power Outages. September 14, 2022.

<sup>&</sup>lt;sup>28</sup> Todd, Kelli, Fred Ulrich, and Keith Mueller. 2013. "Rural Pharmacy Closures: Implications for Rural Communities." Rural Policy Brief, RUPRI Center for Rural Health Policy Analysis.



#### V. CONCLUSION

The FDA's proposed regulation requiring pharmacies and transfusion service providers to print Patient Medical Information (PMI) for patients with prescriptions will create significant financial burdens for dispensers while patient benefits are minimal. The FDA has not provided adequate evidence to support its assertion that the regulation would improve patient health. While the health benefits are unknown, the FDA cost benefit analysis shows minimal monetary benefits. FDA estimates the rule is to save patients 2.5 minutes if and when patients search for drug information. Importantly, FDA has not considered the unintended consequences of the proposed rule on dispensers. First, the proposed rule will impose significant labor and material costs for authorized dispensers, these costs were not estimated by FDA. Our calculations show annual labor and materials costs will be over \$1.6 billion for authorized dispensers to print PMI for patients. Second, the proposed regulation will increase the workload for all pharmacists and pharmacy technicians. Using FDA printing time estimates, we estimate 35,883 more pharmacy technicians are needed to print PMI over 4.3 billion times per year for patients, equivalent to 7.9% of total pharmacy technicians employed in 2022. Thirdly, the proposed rule will have unintended consequences. It will create economic hardship for small pharmacies that will have negative health impacts on patients across the country. Lastly, since PMI will be required for each prescription, authorized dispensers will be accountable for distributing the information to patients. In the event of technical disruptions such as Internet disconnections, lost power, and printing failures, authorized dispensers will not be allowed to provide prescription drugs to patients because they are not able to print PMI. Consequently, patients will suffer and have negative health consequences. Our analysis suggests the FDA should reconsider its position on PMI and adopt a PMI format that is proven by cognitive science to improve the knowledge and comprehension of patients and a distribution methodology that reduces the burden on dispensers.



#### REFERENCES

- Abegaz, T.M., A. Shehab, E.A. Gebreyohannes, et al., "Nonadherence to Antihypertensive Drugs: A Systematic Review and Meta-analysis," Medicine.
- Butler, Sarah. 2015. "Pharmacy Practice: A Report on Pharmacists' Use of Printed Packaged Inserts." NERA Economic Consulting.

Climate Central. Surging Weather-Related Power Outages. September 14, 2022.

- Couris, R. Rebecca. 1999. "Medication Error Study." Massachusetts Board of Registration in Pharmacy.
- Cutler, R.L., F. Fernandez-Llimos, M. Frommer, et al., "Economic Impact of Medication Non-adherence by Disease Groups: A Systematic Review," BMJ.
- Federal Register. Food and Drug Administration. Medication Guides: Patient Medication Information. May 2023.
- Fein, Adam J. 2015. "2014-15 Economic Report on Retail, Mail, and Specialty Pharmacies." Drug Channels Institute.
- Flynn Elizabeth Ann, Kenneth N. Barker, and Brian J. Carnahan. 2003. "National Observational Study of Prescription Dispensing Accuracy and Safety in 50 Pharmacies." Journal of the American Pharmaceutical Association.
- Ho, Yun-Xian, Quingxia Chen, Hui Nian, and Kevin B Johnson. 2014. "An assessment of pharmacists' readiness for paperless labeling: A National Survey." Journal of the American Medical Informatics Association.
- Hunter, Lindsey. 2014. "The Drive to Thrive: Ensuring the Agile Data Center." Meritalk, Underwritten by Symantec.
- Kim, J., K. Combs, J. Downs, et al., "Medication Adherence: The Elephant in the Room," U.S. Pharmacist.
- Kirziner, Ashle, Tricia Neuman, Juliette Cubanski, and Mollyann Brodie. 2019. "Data Note: Prescription Drugs and Older Adults." Kaiser Family Foundation.
- Malone, Daniel C., Jacob Abarca, Grant Skrepnek, John E. Murphy, Edward P. Armstrong, Amy J. Grizzle, Rick A. Rehfeld, and Raymond L. Woosley. 2007. "Pharmacist Workload and Pharmacy Characteristics Associated with the Dispensing of Potentially Clinically Important Drug-Drug Interactions." Medical Care, Vol. 45, No. 5.

Medication Guides: Patient Medication Information.



National Community Pharmacists Association. 2022. "2022 NCPA Digest." National Community Pharmacists Association.

PBAHealth, Elements.

State Health Facts. 2015. Kaiser Family Foundation.

- Stratton, Timothy P. 2001. "The Economic Realities of Rural Pharmacy Practice." The Journal of Rural Health.
- Thomas, Maria R., Carol Holquist, and Jerry Phillips. 2001. "Med error reports to FDA show a mixed bag." FDA Safety Page, Drug Topics.
- Todd, Kelli, Fred Ulrich, and Keith Mueller. 2013. "Rural Pharmacy Closures: Implications for Rural Communities." Rural Policy Brief, RUPRI Center for Rural Health Policy Analysis.
- U.S. Census Bureau. County Business Patterns, 2021.
- U.S. Census Bureau. 2015. Monthly and Annual Retail Trade.
- U.S. Energy Information Administration. Today in Energy, November 14, 2022.
- U.S. Federal Communications Commission (FCC). 2021. "Fourteenth Broadband Deployment Report." Before the Federal Communications Commission.
- U.S. Federal Register. Vol. 79, No. 243, pp 75506-75527.
- U.S. Food & Drug Administration. Proposed Regulatory Impact Analysis, FDA.
- U.S. Food & Drug Administration. Working to Reduce Medication Errors. Content Current as of 8/23/2019. Web accessed on October 9, 2023.
- U.S. Government Accountability Office. 2013. "Electronic Drug Labeling: No Consensus on the Advantages and Disadvantages of Its Exclusive Use."



### APPENDIX

## Table A.1: Pharmacies and Drug Stores by Employment Size and by State, 2021<sup>29</sup>

	Establishments with 1-9 employees	Establishments with 10-19 employees	Establishments with >20 employees
United States	42%	19%	39%
Alabama	39%	30%	31%
Alaska	44%	26%	31%
Arizona	21%	13%	67%
Arkansas	52%	27%	21%
California	44%	20%	36%
Colorado	29%	28%	44%
Connecticut	26%	17%	57%
Delaware	39%	19%	42%
District of Columbia	34%	11%	55%
Florida	37%	13%	50%
Georgia	46%	18%	36%
Hawaii	36%	9%	55%
Idaho	45%	34%	20%
Illinois	26%	16%	58%
Indiana	17%	16%	67%
lowa	42%	22%	36%
Kansas	42%	22%	36%
Kentucky	47%	27%	26%
Louisiana	43%	20%	37%
Maine	57%	19%	24%
Maryland	47%	17%	36%
Massachusetts	24%	13%	62%
Michigan	58%	13%	29%
Minnesota	32%	22%	46%
Mississippi	47%	24%	29%
Missouri	36%	22%	42%
Montana	47%	27%	26%
Nebraska	42%	21%	37%
Nevada	30%	10%	61%
New Hampshire	41%	19%	39%
New Jersey	51%	16%	33%
New Mexico	35%	13%	52%
New York	55%	20%	24%
North Carolina	41%	20%	39%
North Dakota	63%	30%	7%
Ohio	35%	18%	47%

<sup>29</sup> U.S. Census Bureau, County Business Patterns. 2021.



Table A.1. Continued	. Continued Establishments with 1-9 employees		Establishments with >20 employees	
Oklahoma	47%	24%	28%	
Oregon	43%	31%	26%	
Pennsylvania	50%	20%	30%	
Rhode Island	26%	18%	56%	
South Carolina	41%	19%	40%	
South Dakota	43%	32%	25%	
Tennessee	36%	24%	40%	
Texas	42%	12%	46%	
Utah	34%	30%	36%	
Vermont	51%	24%	26%	
Virginia	29%	20%	52%	
Washington	40%	32%	28%	
West Virginia	56%	22%	22%	
Wisconsin	30%	16%	54%	
Wyoming	59%	28%	13%	



## Table A.2: Pharmacy by Type and by State, 2022<sup>30</sup>

## Panel A. Number of Pharmacies

	Chain	Supermarket	Mass Merchant	Independent	Total
United States	20,533	9,406	7,230	18,752	55,921
Alabama	366	160	140	504	1,170
Alaska	11	25	27	19	82
Arizona	390	298	176	100	964
Arkansas	115	106	100	358	679
California	2,020	653	641	1837	5,151
Colorado	188	263	146	123	720
Connecticut	309	108	62	123	602
Delaware	118	18	15	34	185
District of Columbia	66	19	8	41	134
Florida	1,596	1,011	439	1175	4,221
Georgia	602	438	234	647	1,921
Hawaii	78	37	27	44	186
Idaho	55	72	46	97	270
Illinois	877	301	317	428	1,923
Indiana	496	151	193	128	968
Iowa	175	126	87	194	582
Kansas	123	104	88	200	515
Kentucky	275	116	116	483	990
Louisiana	305	123	121	453	1,002
Maine	107	72	29	49	257
Maryland	387	222	109	332	1,050
Massachusetts	622	124	99	141	986
Michigan	807	182	298	801	2,088
Minnesota	297	159	165	157	778
Mississippi	156	45	83	309	593
Missouri	341	184	180	327	1,032
Montana	27	45	23	93	188
Nebraska	89	63	54	147	353
Nevada	163	117	61	78	419
New Hampshire	131	42	38	20	231
New Jersey	708	202	135	835	1,880
New Mexico	94	62	53	59	268
New York	1,401	274	212	2579	4,466
North Carolina	694	272	233	598	1,797
North Dakota	37	2	0	106	145

<sup>30</sup> 2022 NCPA Digest, National Community Pharmacists Association.



Table A.2. Panel A Continued	Chain	Supermarket	Mass Merchant	Independent	Total
	070				4.000
Ohio	872	333	325	398	1,928
Oklahoma	183	88	120	342	733
Oregon	167	116	126	90	499
Pennsylvania	1043	397	235	829	2,504
Rhode Island	105	16	13	16	150
South Carolina	363	154	121	287	925
South Dakota	48	19	21	70	158
Tennessee	414	273	164	475	1,326
Texas	1,515	935	662	1487	4,599
Utah	69	149	76	140	434
Vermont	73	23	7	18	121
Virginia	559	295	206	282	1,342
Washington	355	252	183	205	995
West Virginia	163	45	49	193	450
Wisconsin	368	85	150	255	858
Wyoming	10	30	17	46	103



	Chain	Supermarket	Mass	Independent	Total
			Merchant	· · · ·	
United States	36.7%	16.8%	12.9%	33.5%	100.0%
Alabama	31.3%	13.7%	12.0%	43.1%	100.0%
Alaska	13.4%	30.5%	32.9%	23.2%	100.0%
Arizona	40.5%	30.9%	18.3%	10.4%	100.0%
Arkansas	16.9%	15.6%	14.7%	52.7%	100.0%
California	39.2%	12.7%	12.4%	35.7%	100.0%
Colorado	26.1%	36.5%	20.3%	17.1%	100.0%
Connecticut	51.3%	17.9%	10.3%	20.4%	100.0%
Delaware	63.8%	9.7%	8.1%	18.4%	100.0%
District of Columbia	49.3%	14.2%	6.0%	30.6%	100.0%
Florida	37.8%	24.0%	10.4%	27.8%	100.0%
Georgia	31.3%	22.8%	12.2%	33.7%	100.0%
Hawaii	41.9%	19.9%	14.5%	23.7%	100.0%
Idaho	20.4%	26.7%	17.0%	35.9%	100.0%
Illinois	45.6%	15.7%	16.5%	22.3%	100.0%
Indiana	51.2%	15.6%	19.9%	13.2%	100.0%
lowa	30.1%	21.6%	14.9%	33.3%	100.0%
Kansas	23.9%	20.2%	17.1%	38.8%	100.0%
Kentucky	27.8%	11.7%	11.7%	48.8%	100.0%
Louisiana	30.4%	12.3%	12.1%	45.2%	100.0%
Maine	41.6%	28.0%	11.3%	19.1%	100.0%
Maryland	36.9%	21.1%	10.4%	31.6%	100.0%
Massachusetts	63.1%	12.6%	10.0%	14.3%	100.0%
Michigan	38.6%	8.7%	14.3%	38.4%	100.0%
Minnesota	38.2%	20.4%	21.2%	20.2%	100.0%
Mississippi	26.3%	7.6%	14.0%	52.1%	100.0%
Missouri	33.0%	17.8%	17.4%	31.7%	100.0%
Montana	14.4%	23.9%	12.2%	49.5%	100.0%
Nebraska	25.2%	17.8%	15.3%	41.6%	100.0%
Nevada	38.9%	27.9%	14.6%	18.6%	100.0%
New Hampshire	56.7%	18.2%	16.5%	8.7%	100.0%
New Jersey	37.7%	10.2%	7.2%	44.4%	100.0%
New Mexico	35.1%	23.1%	19.8%	22.0%	100.0%
New York	31.4%	6.1%	4.7%	57.7%	100.0%
North Carolina	38.6%	15.1%	13.0%	33.3%	100.0%
North Dakota	25.5%	1.4%	0.0%	73.1%	100.0%
Ohio	45.2%	17.3%	16.9%	20.6%	100.0%
Oklahoma	25.0%	12.0%	16.4%	46.7%	100.0%
Oregon	33.5%	23.2%	25.3%	18.0%	100.0%

## Panel B. As % of Total Pharmacies



Table A.2. Panel B Continued	Chain	Supermarket	Mass Merchant	Independent	Total
Pennsylvania	41.7%	15.9%	9.4%	33.1%	100.0%
Rhode Island	70.0%	10.7%	8.7%	10.7%	100.0%
South Carolina	39.2%	16.6%	13.1%	31.0%	100.0%
South Dakota	30.4%	12.0%	13.3%	44.3%	100.0%
Tennessee	31.2%	20.6%	12.4%	35.8%	100.0%
Texas	32.9%	20.3%	14.4%	32.3%	100.0%
Utah	15.9%	34.3%	17.5%	32.3%	100.0%
Vermont	60.3%	19.0%	5.8%	14.9%	100.0%
Virginia	41.7%	22.0%	15.4%	21.0%	100.0%
Washington	35.7%	25.3%	18.4%	20.6%	100.0%
West Virginia	36.2%	10.0%	10.9%	42.9%	100.0%
Wisconsin	42.9%	9.9%	17.5%	29.7%	100.0%
Wyoming	9.7%	29.1%	16.5%	44.7%	100.0%



	Тс	otal	Urt	ban	Ru	ural
	Population	Percentage	Population	Percentage	Population	Percentage
	Without	of	Without	of	Without	of
	Access	Population	Access	Population	Access	Population
	(1,000s)	(%)	(1,000s)	(%)	(1,000s)	(%)
United States	14,520	4.4%	3,260	1.2%	11,261	17.2%
Alabama	608	12.4%	62	2.2%	546	27.0%
Alaska	108	14.8%	13	2.8%	95	36.3%
Arizona	377	5.2%	68	1.1%	309	33.5%
Arkansas	574	19.0%	80	4.8%	493	36.7%
California	594	1.5%	214	0.6%	381	15.8%
Colorado	161	2.8%	36	0.7%	126	13.6%
Connecticut	27	0.8%	24	0.8%	3	0.7%
Delaware	22	2.2%	14	1.8%	7	4.0%
District of Columbia	15	2.0%	15	2.0%		
Florida	804	3.7%	340	1.8%	464	21.4%
Georgia	654	6.2%	156	1.9%	499	19.0%
Guam	55	33.0%	48	30.6%	7	65.8%
Hawaii	30	2.1%	9	0.7%	21	15.3%
Idaho	83	4.7%	7	0.6%	77	13.5%
Illinois	259	2.0%	84	0.7%	175	12.0%
Indiana	261	3.9%	28	0.6%	234	12.6%
lowa	127	4.0%	26	1.3%	102	8.8%
Kansas	125	4.3%	29	1.3%	96	12.7%
Kentucky	257	5.7%	11	0.4%	244	13.3%
Louisiana	538	11.6%	99	2.9%	438	35.0%
Maine	46	3.5%	2	0.4%	44	5.3%
Maryland	152	2.5%	102	1.9%	51	6.2%
Massachusetts	140	2.0%	103	1.6%	37	6.7%
Michigan	421	4.2%	69	0.9%	351	13.7%
Minnesota	139	2.5%	10	0.2%	130	8.6%
Mississippi	587	19.7%	33	2.2%	555	36.6%
Missouri	422	6.9%	34	0.8%	388	21.0%
Montana	142	13.3%	11	2.0%	131	26.4%
Nebraska	71	3.7%	3	0.2%	68	13.0%
Nevada	88	2.9%	12	0.4%	76	33.9%
New Hampshire	44	3.2%	11	1.4%	33	6.0%
New Jersey	129	1.5%	119	1.4%	10	2.2%
New Mexico	270	12.9%	56	3.5%	214	42.0%
New York	250	1.3%	116	0.7%	133	5.7%

## Table A.3: Internet Access in Urban and Rural Areas by State, 2019<sup>31</sup>

<sup>31</sup> FCC. 2021. "Fourteenth Broadband Deployment Report." Before the Federal Communications Commission.



Table A.3. Continued	Тс	otal	tal Urban		Rı	ıral
	Population	Percentage	Population	Percentage	Population	Percentage
	Without	of	Without	of	Without	of
	Access	Population	Access	Population	Access	Population
	(1,000s)	(%)	(1,000s)	(%)	(1,000s)	(%)
North Carolina	472	4.5%	18	0.3%	453	13.0%
North Dakota	24	3.2%	4	1.0%	20	5.8%
Ohio	328	2.8%	29	0.3%	299	11.6%
Oklahoma	481	12.2%	97	3.7%	384	28.2%
Oregon	216	5.1%	37	1.1%	179	20.5%
Pennsylvania	525	4.1%	161	1.6%	364	13.3%
Rhode Island	15	1.4%	13	1.3%	2	2.4%
South Carolina	451	8.7%	76	2.3%	374	21.3%
South Dakota	45	5.0%	1	0.3%	43	10.7%
Tennessee	433	6.3%	62	1.4%	371	16.0%
Texas	1,230	4.2%	439	1.8%	791	16.1%
Utah	138	4.3%	20	0.7%	119	27.7%
Vermont	43	6.9%	3	1.2%	40	10.4%
Virginia	498	5.8%	122	1.9%	376	17.8%
Washington	283	3.7%	64	1.0%	219	16.4%
West Virginia	319	17.8%	57	6.5%	263	28.7%
Wisconsin	394	6.8%	10	0.2%	385	21.8%
Wyoming	42	7.3%			42	19.0%



#### **ABOUT THE AUTHORS**

#### Nam D. Pham, Ph.D.

Dr. Pham is the Managing Partner at ndp | analytics. He is an experienced economist that develops result driven analysis to tackle his clients' most challenging policy and legal issues. Prior to founding ndp | analytics in 2000, Dr. Pham spent nearly fifteen years in various economic research positions including as a Vice President at Scudder Kemper Investments, where he was responsible for research, asset allocation, and currency hedging for global and international bond funds, Chief Economist of the Asia Region at Standard & Poor's DRI, an economist at the World Bank, and an economic consultant to both the Department of Commerce and the Federal Trade Commission. His work on innovation and international trade has been included in the Economic Report of the President. Dr. Pham is an adjunct professor at George Washington University. He holds a Ph.D. in economics from George Washington University, a M.A. in economics from Georgetown University, and a B.A. from the University of Maryland. He is a former member of the board of advisors to the Dingman Center for Entrepreneurship at the University of Maryland's Robert F. Smith School of Business.

#### Mary Donovan

Ms. Donovan is a Principal and senior economist at ndp | analytics. She builds strong partnerships with ndp's clients to understand their bottom-line objectives and approaches her research from the mindset of its target audience. She focuses on uniting rigorous quantitative analysis and effective communication to create research materials that are truly user-friendly and drive home key objectives. Additionally, she helps clients to seamlessly integrate research findings into advocacy and communication campaigns. Her work in the areas of innovation, e-commerce, online lending, veterans, education, and healthcare costs has been nationally recognized. In addition to client research, Mary's responsibilities include managing research analyst teams and public relations. Before joining ndp | analytics, Mary was an account executive at the Kellen Company where she provided executive-level management, including government affairs and strategic consulting, to trade associations in the payments and food-business industries. She holds an M.A. in Applied Economics from the University of Maryland and an B.A. in International Relations and French from State University of New York (SUNY) Geneseo.

#### **ABOUT US**

ndp | analytics is a strategic research firm that specializes in economic analysis of public policy and legal issues. Our services include economic impact studies, business impact analyses, cost-benefit analyses, statistics, and data construction. Our analytical frameworks are data-driven and are supported by economic fundamentals, robust, transparent, and defensible. We excel in supporting organizations for advocacy, government and industry relations, public affairs campaigns, and strategic initiatives. Clients of ndp | analytics include trade associations, coalitions, financial institutions, law firms, U.S. and foreign corporations, and multinational organizations. Our work has been prominently cited in the 2011 Economic Report of the President to the Congress, the media, reports from government agencies, Congressional testimonies, and by Congressional leaders.